



**GOVERNMENT AYURVEDA MEDICAL COLLEGE
AND HOSPITAL, MYSORE-01**



**SCHEDULE OF
TRANSITIONAL CURRICULUM**

1st Year BAMS Students, Batch 2022-23

Day-01 (16 November 2023)

Coordinator – Siddhant PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	An introduction to various medical systems. By Dr. Pankaj Patak.
11.30 AM – 1.00 PM	Goal Setting Dr V A Chate
2 PM to 3.30 PM	Goal setting for a Ayurveda student – Dr. Anuroopa H K

Day-02 (17 November 2023)

Coordinator – Siddhant PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Communication Skills and Personality development- Dr. Ramesh Kumar K L
11.30 AM – 1.00 PM	Basic Life Support, a preview and demonstration_ Dr Satish M S and Dr. Ganapati H.
2 PM to 3.30 PM	Preview of Syllabus in Rachana Sharira_ Dr M N Negalur



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Day-03 (18 November 2023)

Coordinator – Siddhant PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Goal Setting Dr Savitha Mane
11.30 AM – 1.00 PM	Motivational Speech By Dr N D Lone
2 PM to 3.30 PM	Orientation to learning methods and Study habits_ Lancy D'souza

Day-04 (20 November 2023)

Coordinator – Siddhant PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Ayurveda and its role in Primary Health Care- Dr. Sudheendra G Navale
11.30 AM – 1.00 PM	Orientation of Regulations and Governing Bodies- Dr Adarsh S G
2 PM to 3.30 PM	Scope of Ayurveda By Dr Sunitha Siddesh



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Day-05 (21 November 2023)

Coordinator – KC PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Mental Ability and Learning Skills_ By Dr. Jagadish Mitti
11.30 AM – 1.00 PM	Institutional officials and their role in hierarchy_ Dr. Annapurna
2 PM to 3.30 PM	History and Legacy of Ayurveda- Dr. Venkatakrisna K V

Day-06 (22 November 2023)

Coordinator – KC PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	An introduction to various medical systems. By Dr. V Rajendra.
11.30 AM – 1.00 PM	Relevance of Panchakarma therapies in Ayurveda_ Dr. Varsha Kulkarni
2 PM to 3.30 PM	Goal Setting Dr Jyothi Halli



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Day-07 (23 November 2023)

Coordinator – KC PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Time Management By Dr Anand Katti
11.30 AM – 1.00 PM	Motivational speech Dr Shivaleela
2 PM to 3.30 PM	Inter personal Communication Dr L N Shenoy

Day-8 (24 November 2023)

Coordinator – KC PG Scholars

Time	Programme Schedule
9.30 AM – 10.300 AM	Ayurveda, National and International Reach and Higher education in Ayurveda Dr Shrivathsa
10.30-11.30AM	वदतु संस्कृतम् (Spoken Sanskrita Language)
11.30 AM – 1.00 PM	Current research trends in Cancer through Ayurveda_Dr. Sanjay Kumar M D
2 PM to 3.30 PM	Scope of Ayurveda By Dr Carolina



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Day-9 (25 November 2023)

Coordinator – PK PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Health awareness, Fitness and Stress management_Dr. Nalini N
11.30 AM – 1.00 PM	Motivational speech Dr Nagesh & Dr Srinivas Yadav K
2 PM to 3.30 PM	Personal health and Hygiene Dr M G Yaligar

Day-10 (27 November 2023)

Coordinator – PK PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Emergency First Aid Training and Technique Demonstration- Part-1 Dr. Altaf K
11.30 AM – 1.00 PM	Emergency First Aid Training and Technique Demonstration- Part-2 Dr. Praveen Kumar D Chotgal
2 PM to 3.30 PM	Activities of Hospital facilities and achievements_ Dr. Shashirekha H A. RMO



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Day- 11- 28 November 2023

Coordinator – PK PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Communication Skills and Personality development- Dr Nikitha S Dr Mohankumari K M
11.30 AM – 1.00 PM	Team building through recreational activities_ Dr. Rajashree Pol
2 PM to 3.30 PM	Oriantation Of Basic Computr Skill Dr Rahul Kulakarni

1st Year BAMS Students, Batch 2022-23

Day- 12-29 November 2023

Coordinator – Swasta PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Understanding of Ayurveda Pharmacology- Dr. Veena Naik
11.30 AM – 1.00 PM	Job Opportunities in Ayurveda and Entrepreneurship_Dr. V A Chate.
2 PM to 3.30 PM	Role of Yoga in Stress management Dr Hariganesh



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Day- 13 01 December 2023

Coordinator – Swasta PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Intruduction to varios medical system, Scope of Ayurveda By Dr Siddaram Guled
11.30 AM – 1.00 PM	Health awareness, Fitness and Stress management _Dr. Nalini N
2 PM to 3.30 PM	Principal Talk – Dr Radhakrishna Ramarao

1st Year BAMS Students, Batch 2022-23

Day- 14 02 December 2023

Coordinator – Swasta PG Scholars

Time	Programme Schedule
9.30 AM – 11.00 AM	Know your campus_ A guided tour of the campus, departments and facilities. -By Dr. Shilpa S and Jyothi
11.30 AM – 1.00 PM	Know your campus_ A guided tour of the campus, departments and facilities. -By Dr. Shilpa S and Jyothi
2 PM to 3.30 PM	Know your Herbal Garden-Dr Shivaling Bendekai